



www.EatMidwestFish.org /   @EatMidwestFish

EatMidwestFish.org is an online resource hub for seafood lovers and farmers

Eat Midwest Fish provides resources to inform and inspire consumers to eat more fish and shellfish, including resources focused on where to find locally grown products, what types of products are available, how to source and cook these products, and how farmers are growing both freshwater and marine animals in the Midwest.



Cooking Demos



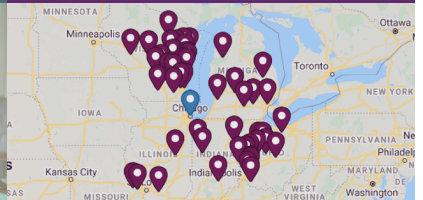
Learn how to cook fish from the comfort of your home.

Recipes



Be inspired by simple & delicious recipes.

Fish Finder Map



Find fresh, locally produced seafood near you.