# Fish Health: What you need to know (about regulatory inspections)

Nick Phelps, MS, PhD

University of Minnesota, College of Veterinary Medicine Minnesota Veterinary Diagnostic Laboratory

# Fish will die.

# How do we stop that from happening?

- Minimize stress!
- Healthy fish in, healthy fish out
- Biosecurity
- Know your fish what is 'normal'?
- Control disease early
- Routine fish health exam/inspection
  - If regulators don't require it, clients will

# Fish health exam

- Part of "best management practice"
- Every other animal production industry does health exams
- Develop relationship with a veterinarian
  - Need to be familiar with farm and fish
- Investigate sick/dead fish quickly
- Consider fish health in your operating budget
  - Supplies, time, service fees

# Do it yourself fish health exam

- Routine exam should be every 1-3 months
- Look for symptoms of stress
  - Increased parasites
  - Reduced growth rate
  - Reduced appetite or feed conversion
- Collect and analyze data
  - 'Normal' can change overtime
  - Helpful for diagnosis
- Sick/dead fish should be sent to lab
- Annual exam for non-regulatory pathogens

# Fish health inspection

Regulations are meant to protect farmed and wild fish populations.

Common for all agricultural industries.

# Fish health inspection

- The purpose:
  - Demonstrate fish are free of certain pathogens

Applies to anyone moving live fish in the post-VSHV era

Aquaculture is NOT zero risk.

# Fish health inspection

- The challenges:
  - Regulations are highly variable
  - Rules can change frequently
  - Communication and justification is limited
  - Can be costly and logistically challenging
  - Process is confusing and unclear
- The solutions:
  - Understand the process
  - Build relationship with regulatory agencies

# Fish Health Inspection: FAQs

- Who makes the rules?
- Who collects the fish?
- Who does the test?
- What tests are to be used?
- "Lot" vs "Farm", what is the difference?
- What pathogens are you looking for?

\*Rules change quickly and are highly variable with many exceptions\*

# FHI: Who makes the rules?

The receiving authority makes the rules!

+ Client requests.

# FHI: Who makes the rules?

 Talk to the receiving state's "competent authority" on a regular basis

http://www.ncrac.org/import regulations

- Do not rely on your client to do this
- Do not rely on last year's requirements

# FHI: Who collects the fish?

- Inspector's role is to:
  - Confirm regulatory requirements
  - Certify fish are collected from correct source
  - Submit samples for diagnostic testing
  - Verify results and send to receiving authority

Must be independent third party

# FHI: Who collects the fish?

- Anyone recognized by the receiving state
  - Accredited veterinarian
    - Acceptable for all domestic and international inspections
    - MAY need additional fish health training
  - Fish Health Inspector or Fish Pathologist
    - Acceptable for all domestic inspections
    - Certified by AFS-Fish Health Section
  - Others (i.e. DNR biologists)
    - Be careful, sporadic acceptance
    - Typically little or no fish health training

# FHI: Who collects the fish?

### How can I find someone?

 Local diagnostic laboratory a good place to check, they know who is submitting samples

http://www.ncrac.org/import regulations

Ask other local aquaculture producers

# FHI: Who does the test?

- Wide variety of labs
  - Government, private, University
- All labs should be following the same protocols
  - Quality control is highly variable
- USDA-APHIS certifies labs for (export) testing
- Prices and customer service vary, shop around

# FHI: Who does the test?

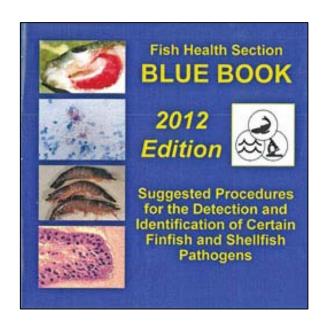
### When sending fish to lab:

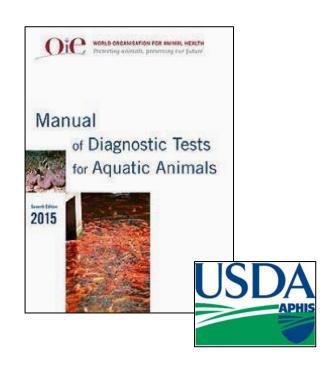
- Call to confirm availability
- Typically freshly dead on frozen gel packs
- Send overnight
- Fill out paperwork
- Check with receiving authority for other forms



Receiving state makes the final decisions

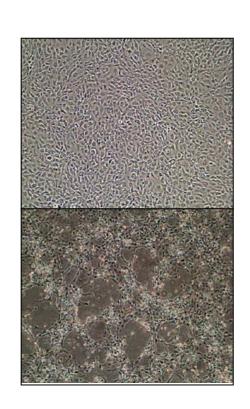
Two diagnostic guidelines:





### Viral hemorrhagic septicemia virus

- Cell culture (aka Virus isolation)
  - Homogenize tissue
  - Grow the virus on a thin layer of cells
    - OIE: culture for 14-20 days
    - Blue Book: culture for 28 days
  - Common cell lines: EPC, FHM, CHSE
  - Cell culture is a non-specific test,
     can detect many viruses



### Viral hemorrhagic septicemia virus

- PCR
  - Faster, cheaper, and more sensitive
  - Used for to confirm suspect-positive cell culture
  - Being used for in-state testing of baitfish in MN

- Other tests
  - Antibody-based testing is available, but not common

### Turn around time

- Virology: 28 days (Blue book) or 14-20 says (OIE)
- Bacteriology: 3-5+ days
- Parasitology: 1-3+ days
- PCR: 1-7 days

Plan ahead!



### **Lot inspection**

- Certify individual groups (or lots) of fish
  - Same species, age, water supply
- Pathogen exposure is equal to all fish in group
- Randomly collect the fish from the group

- Fish to be tested: 60 (5% APPL)
- Frequency: Annual

### Farm inspection

- Certify entire farm (or facility)
  - May be multiple species, ages, ponds
- Pathogen exposure is not equal to all fish
- Proportionally sample the farm

- Fish to be tested: 150 (2% APPL)
- Frequency: Semi-annual or annual

### **Examples**

Walleye producer with seven natural ponds stocked in the spring, harvested in fall vs.

Producer with ten raceways at one facility with rainbow and brook trout of varying ages

- Be careful, the definitions can be confusing and there is gray area
  - Consult receiving state to confirm approach
  - Exceptions to the rules
- Biosecurity is required
  - Do NOT import fish of lower inspection history
- 'Splitting' the farm can be done, but it makes regulators nervous

- "Certify fish are free of certain pathogens"?!
- Biggest source of confusion/frustration
  - What is important to one state, isn't to another
- Depends on species, purpose, and location
- Starting point:
  - OIE list of certifiable pathogens
  - National Aquatic Animal Health Plan??
  - Not already endemic
  - Potential to cause serious disease to farm/wild fish

What it really comes down to:

Risk tolerance of each authority

- Should be a consistent and unbiased process
- Encourage a scientific review and/or risk assessment
  - Can it be introduced?
  - Can it escape?
  - Can it cause disease?
- Need to show the risk > cost
- VHSV vs. GSV

### **Examples**

- Yellow perch
  - VHSV, Heterosporis?
- Salmonids
  - VHSV, IPNV, IHNV, BF, ERM, WD, Cs?
- Baitfish
  - VHSV?, FHMNV?
- Tilapia? Barramundi? Exotics??

- What about new pathogens?!
  - You look, you will find
  - Non-specific diagnostic tests
  - Be careful how you report the results
  - More states requiring to report "all replicating viruses" and THEN decide what to do...
  - SO far, have not seen major reaction since VHSV

# What is next??

New and re-emerging pathogens

invasive and non-target species

# Take home messages

- 1. Fish will die
- 2. There is inherent risk in aquaculture
- 3. Regulations are meant to help
- 4. Understand the inspection process
- 5. Communicate with regulators
- 6. Develop biosecurity plans and mitigate risks

# Questions?

phelp083@umn.edu